



**ANNUAL REPORT 2017**

**MBA FOUNDATION**



**Early Intervention & Pre-Vocational**

**Day Care-Vocational Training**

**Executive & Development Training**

**Life Care-Residential**

**Skill Training**

**Therapy**



MBA Foundation, GODS' Abode,  
Plot No. 23 A, Near Abhyudaya Bank,  
Sector 17, Airoli, Navi Mumbai - 400708.

Office No: 27795994/95 | Email : [lifecare-disabled@gmail.com](mailto:lifecare-disabled@gmail.com) | Website : [www.gods-mbafoundation.org](http://www.gods-mbafoundation.org)



# CELEBRATIONS



**Founder's Day Celebrations**



**Environmental Day with Yati Foundation**



**Women's Day celebration**



**Orientation workshop for Staff, Volunteers & Parents**

## Chairperson's Message

Dear Stakeholders,  
(People With Disabilities, Parents, Well-wishers & Supporters)

I greet all of you who have been our partners in the last year's journey in the new premises and those who have stood by us steadfastly since we started MBA Foundation in 2001, with the simple Mission : “ LIFE WITH SELF ESTEEM & DIGNITY FOR PEOPLE WITH DISABILITIES” ....

During the last 16 years, we have taken this mission very seriously and implemented many occupation oriented training courses, keeping the abilities of our youngsters in mind and ways to strengthen them through therapies and counselling... resulting in about 100 of them placed in competitive jobs outside and few of them working with us, in SEFD and MBAF offices and another 90 in our sheltered workshops...

The new building, GODS' Abode, constructed in 4 years with multiple constraints, stands tall today, giving many additional facilities to our Day care and Life care beneficiaries.... A Tribute To People With Disabilities from our Founder Chairman and his VISION.....

All the details of the functioning of the last year have been covered in detail inside by our Founder Trustee and Chief Executive Officer (CEO), V.H. Balasubramaniam (Baloo) and his team...

We wish to take this journey further with all your support in helping many more deserving people getting new light into independent living through optimum utilisation of our resources....

BE WITH US, helping and encouraging us to strive through challenges.....

JAI HIND !!!

**Meenakshi B**  
(Chairperson)



# **ANNUAL REPORT 2016-17**

## **IMPORTANT HIGHLIGHTS OF ACTIVITIES FOR THE YEAR 2016-17**

Occupation Certificate received for our consolidated Centre at Airoli. Subsequently, all safety measures like Security; Firefighting equipments; CCTV Cameras; Safety Grills; Pest Control; AMCs for maintenance of all services in place. Training also given to Staff.

ID Cards provided for Staff & Children. Attendance punching machine for Staff.

All legal and other formalities completed for closing of all our other Centres.

Post-merger of all Centres, the roles of Teachers and other Staff Members have been re-designed. An Organization Chart has been prepared, roles specified and explained in detail.

Disability Certificates & Aadhar Card for most of the Beneficiaries are in place. The Foundation is willing to help in obtaining the same for those remaining. Parents to kindly co-operate and provide necessary documents.

Life Care Agreements with Parents completed. Nomination facility for Life Care and Day Care Agreements under process.

For the first time, our Foundation have got a consolidated Persons with Disabilities Certificate from Commissioner of Disabilities, Pune valid for a period of Five Years. In this new Certificate, we have ensured inclusion of individual Project Details like Vocational Training; Residential Centre; Early Intervention & Pre-vocational Training Centre; Therapy Centre and Counselling.

The Offices of SEFD were also shifted to our Airoli Centre for ease of operations.

**The Staff & Management of MBA Foundation, earnestly request all of you to continue spreading the message of MBAF to all your Friends, Relatives & Well Wishers and kindly request them to donate liberally for our noble cause. As all are aware, *GODS' ABODE AND ALL EQUIPMENTS WOULD NOT HAVE BEEN POSSIBLE WITHOUT THE AMPLE SUPPORT OF YOU ALL – PARENTS, FRIENDS & WELL WISHERS. "A BIG THANK YOU TO ALL".***

During the period there were 125 enquiries. Break-up as under:

Assessments done	=	80		
		Admissions	=	39
		Referred to other NGOs	=	07
		Expert opinion provided	=	27
		Computer Training	=	07
Telephonic Enquiries	=	45		



## **INTRODUCTION OF NEW TRAINING AVENUES TOWARDS EMPLOYABILITY**

### **CEDAT Course**

**GODS' CEDAT** (Centre for Executive Development & Training) was inaugurated on 10th June, 2017 for the differently abled and under-privileged youngsters. MBA has tied up with ADAPT Hub, an Institution in Navi Mumbai specialized in training students in different subjects. **This Programme is Supported by Rotary Club of Bombay Pier.**

The inaugural function was attended by the guests from Rotary Club of Bombay Pier, Mr. Dilip Vora, Mr. Saurabh Sonawala, & Mr. Prakash Chawla. The other members like Mrs. & Mr. Venkatachalam (our Hon. Director); Mr. Prem Bhatia of Yati Foundation, Airoli; Mr. Sameer Tupe & Ms. Seema Tupe from ADAPT, Mr. Pawan Singh of Capgemini; Ms. Ruta of Kamani Foods Ltd; and all the staff Members of MBA Foundation and SEFD were Present.

Around 18 students have enrolled for this 3 months course, which would cover coaching in English language (spoken & written), Computer Basics, Personality & Executive Development, etc. On successful completion, placement support will be provided to Students.

### **AMBA Foundation Course**

One of our Special Educators with two of our trainees went to **AMBA Foundation** in Bangalore and took special training in computers to train our special trainees. There are 20 trainees in a batch. This course is to provide sustainable livelihood to adults with moderate to severe intellectual disability, leveraging Information Technology. It also works towards building an ecosystem of learning and earning for these individuals using Information Technology, giving them the dignity and independence that they deserve. Adults joining this training will benefit from learning and working around their peers, helping with their development and state of well-being.

## **IN-HOUSE AWARENESS & TRAINING PROGRAMMES**

- An Orientation Programme conducted by a **Professional Agency** for the new caretakers at Airoli on how to take care of the children re. Personal hygiene; how to deal with them with care; temperature / pressure checking procedures etc.
- A Stress Management Workshop conducted for all Staff by two experts from Tata Power. A good interactive session enjoyed by all.
- A one full day **Orientation Programme** of our Foundation was conducted for all the new staff joiners as also new parents on 08th July, 2017 at GODS' Abode, Airoli. Technicalities of disabilities; our facilities; government schemes were all discussed by the related specialists.
- A one day Programme from visiting Deloitte Workforce took place. . There were around 95 members from Deloitte celebrating Impact Day. Our children were tutored how to make perfumed candles; painting of flower / plant pots etc.

## **EVENTS & CELEBRATIONS**

### **World Disability Day**

**The International Day for People with Disabilities** was celebrated on 3rd December 2016, with a “**Dignity Walk**” in Airoli. The Chief Guest Mr. Vasant Prabhu, Dy. Municipal Commissioner of Greater Mumbai visited our Centre. He interacted with all the Children and Staff and was thrilled by the experience. Family Members of Late Mohammed Rafi were the Guests of Honor. The GODS' Dignity March, which started from “Gods' Abode” Centre, at Airoli, went through Yash Paradise to Apple Hospital and finally to Navi Mumbai Grounds, opposite Airoli Sports Association, Sector 8, Airoli.

Local Doctors' Association led by Dr. Dhanoj of Apple Hospital and Lions Club of Thane Upavan, volunteered and helped us in organizing the event in genteel. The participants also includes students from JVM & Vivekananda College; Paraplegic Foundation & National Institute of Mental Health;

### **Share & Care Workshop**

Self Esteem Foundation (SEFD) & MBA Foundation observed “International Day for People with Disabilities” with a meaningful workshop on “**Share & Care**” – to address the important issues of Training, Occupation and Employment of people with different abilities (disabilities) on 10th December, 2016 at Dr. L.H. Hiranandani Hospital Auditorium.

The Workshop began with a short video “**Pehechan**” based on the theme.

Mrs. Meenal Mandlik, Director, SEFD, shared her views on the objectives of the Workshop and also briefed on the proceedings of the Programme. Corporates, NGOs, Parents and individuals from the social sector also participated in the Workshop. Mrs. Meenakshi Balasubramanian, Chairperson MBA Foundation also spoke on the need of more Corporates coming forward in helping the differently abled by recruiting them for suitable positions in their Organizations.

Eminent Speakers included Mr Amith Dholakia, Director of Oritel Service Apartments; Col. Dr Anurag Nair of Dr. L H Hiranandani Hospital; Dr Sandeep Bharadwaj Dean of Vivekananda Institute of Management Chembur; Dr Vishal Gangar from National Institute for the empowerment of persons with Intellectual Disabilities (NIEPID) Navi Mumbai; Mrs Shyamashree Bhosale Founder Member & Honorary Advisor to “Jagruti Palak Sanstha”; Dr. S. K. Brilliant, Head – Human Resource from Times-Pro; Mr Satyam Palaspagar, Manager - West Pankh from Trust for Retailers & Retail Associates of India; Ms. Deepa Nair – Vice President, Global HR of Control Case; all addressed the issue of Employment through their perspectives and also shared their experiences.

The Panel discussions had more participants like Mr. Ganesh Prabhu of LIC; Mr. Vishwa Sunder Ramaswamy, H R Manager - TCS; Mr. Viabhav Sharma, Partnership Manager - Sujaya Foundation; Mr. Satyam Palaspagar, Manager - West Pankh from Trust for Retailers & Retail Associates of India. Success Stories were also shared by GODs & SEFD Members.

## **Happenings at our Sangarsh Nagar Centre**

In order to spread the awareness in the new environs, our MBA Team organized a Dignity Walk on 05.12.2016. The message was spread orally and also through distribution of leaflets / pamphlets about the activities of MBA in and around Sangarsh Nagar. Subsequently, an Assessment Camp was conducted 17.12.2016 by all our Specialists. More than 25 families participated in the camp.

An additional facility at GODS 'Heavens, Sangarsh Nagar was inaugurated on 14.11.2016 by Ms. Ekta Menon, President & Ms. Manju Das, Director of Finance, Rotary Club of Powai Lakers. partners of the Project.

## **15th Founder's Day Celebrations & First Anniversary of GODS Abode**

The Program "SHRADDANJALI" as a fitting tribute to the Founder Chairman Mr C R Balasubramanian was organized on the 15th Founders Day celebrations on 3rd February 2017 at GODS 'Abode Centre, Airoli. A PPT on CRB Sir was shared with all, showcasing all his efforts to successfully ensure the growth of MBAF and GODS ABODE creation. The Chief Guest Dr. Varsha Bhagat, Director, ETC; was highly impressed by our Facility. A Souvenir was released on the occasion by her.

This was followed by a dance and singing Programme by our Trainees which was very well appreciated by all present. The Teachers also performed a triple combo song on National Integration, which was a treat to watch. Klub Nostalgia Group who are permanent Well Wishers of MBAF, captivated the audience with some old evergreen hits. Totally, more than 250 people were present at the function. All the supporters were thanked on the occasion.

## **Women's Day Celebration**

11th March, 2017 was celebrated as Women's Day. The women, who are involved in GODS' MBA Foundation activities are indeed Women of Substance. All our Well Wishers; Parents; Teachers & Staff participated in the celebrations. Many stalls were put up, which served various delicacies. This was followed by a Musical Programme.

## **During the year 2017-18**

### **Fund Raising Show**

**A Fund Raising Show** was organized by Klub Nostalgia for MBA Foundation on 26th May 2017 at **Yeshwant Natya Mandir**, Matunga West. Klub Nostalgia has been a great supporter in spreading awareness, selling of our products & fund raising Musical Shows for our Foundation for the past 15 years.

### **Health Check-up**

Annual Health Check-up conducted at Hiranandani Hospital on 06th August, 2017. Approximately 170 beneficiaries / staff underwent all tests and consultation. For further follow-up, a comprehensive Report for each beneficiary under preparation.



## **What Kushboo's Mother feels about her**

Normal delivery. Cried feebly. Milestones delayed. She attended special school till 18 years. When she joined MBA, she was very talkative, hyperactive, violent and her skills were not developed.

She is very moody. She is very sensitive to anyone touching her and does not like the same. She gets affected in a restless manner, when two others fight. She gets excited and starts getting angry when in a crowded atmosphere, but when someone takes care of her, she is manageable.

She has a knack of keeping things belonging to someone in their bags or returning to them. She likes to be perfect in her dress and she corrects others if there is anything abnormal seen.

She has adjusted well with Airoli Centre and with all teachers and peers. Good improvement in sitting in one place and eating her food. She now follows instructions of all teachers and completes all her activities on time. Attention span and sitting tolerance has improved. This in turn has shown a good improvement in her activities.

There has been tremendous change in her behaviour, speech and extracurricular activities. She has now started having her own likes and dislikes about each and everything. Just like us, she has also mood swings. She now likes to be part of things in which we are involved and initiate that on herself. Good to see all those changes.

Thankful to MBA Foundation for the same.

## **Success Story - Archana Vittal Gaikward**

Archana was born on 20-12-2002. Normal delivery. Did not cry immediately after birth. Weight at time of birth was only 2 Kgs. Though she gained weight subsequently, all her milestones were delayed. The doctors advised that since she is over-weight, there is a delay in her achieving milestones. No medication or therapy were given. May be parents overlooked, as they were not financially strong. At the age of 6, she got her first epileptic attack. Her right side was affected. She is under medication even now.



MBA conducted a survey near IIT Powai and we identified Archana's case. Though parents were not willing, our Team impressed upon them to send Archana to our Centre for assessment and further grooming her. Autistic and cerebral palsy features were clearly visible. She was hyper-active, moody and an attention seeker. She was not able to stand on her own. She was totally dependent on her daily living skills. She was not a sociable type and liked to stay at home only. Her head movement is always tilted towards the left side. She had a habit of head banging; biting her hand when she was hyper active. At the same time, she had very little sitting tolerance. Her gross and fine motor skills were under-developed. She could sit and drag herself in that position for moving forward.

Our Occupational Therapist; Speech Therapist; Special Educator and Psychotherapist chalked out a comprehensive program for her development. Since she was moody, a great deal of motivation was needed. Small signs of improvement started showing. Her family was very co-operative.



Her hyper activeness reduced and concentration levels started increasing. Gross motors skills showed some improvement. She was able to stand with support and now she can walk on her own. Her ADL skills started developing like started drinking water on her own; toilet indication and improvement in eating habits. She started conveying small messages with present level of motivation. Her fine motor skills also showed improvement like tearing papers, holding chalk etc. Her cognitive skills also improved - she could recognize her friends with their names, teachers and helpers too. She identifies common fruits & vegetables, count 1 to 5. She loves to sing in a group, does yoga, and enjoys playing games with friends. Remarkably, Archana can identify RED colour, peel skin of peas, segregate pulses, and draw vertical and horizontal lines.

She now likes to come to our Centre regularly. She now comes in a private vehicle with her peers. We are all sure Archana will turn out to be an independent and confident girl. She has come a long way and we are all proud of her.



## **Success Story - Hiten Nautiyal**

Hiten was born premature. 'C' section delivery. One of the twins. His weight was 2.25 Kgs. Cried soon after birth. Things were apparently alright up to 3 months. But, on the 4th month, Hiten had fever. He developed pneumonia in the hospital and that affected his brain. All milestones were delayed. Financial position of the family not strong.

When Hiten came to our Centre, he was diagnosed with autistic features and ADHD. He was drooling, biting his own hands all the time, restless, without reason laughing very low attention span, not able to speak. He was not even toilet trained, totally dependent for all his Daily living activities. He could not express his hunger, no control over eating.

Our Occupational Therapist; Speech Therapist; Special Educator and Psychotherapist chalked out a comprehensive program for his development. Since he was moody, a great deal of motivation was needed. Small signs of improvement started showing. The mother and grandmother were adequately counselled so that the development program is practiced well.

Hiten showed the first signs of improvement after 8 months of coming to our Center. Through his development program we found that he was interested in Music. We took this as a tool to develop his Attention Span. Enacting stories made his eye-hand coordination better. It was almost 2 years when he started recognizing his peers with names and started playing with them. This, in turn, reduced his biting habit and made him calmer. One significant improvement, we noticed, that he started babbling. With support, he started to draw strokes. But 'putting everything into his mouth' continued. By the mid 2017 (after about 3 ½ years), Hiten was able to express his hunger, likes to sing as per his mood, but remembers them. By now, he almost stopped biting his hand and drooling has considerably reduced. Possessiveness about his belongings has come down and there is great deal of improvement in his gross motor skills. With this improvement graph, we are sure his fine motor skills will also develop at the earliest.

We are sure that Hiten will turn out to be a loveable child. Hiten is a Case where we can proudly say **'Patience and Perseverance Pays'**.

# MBA FOUNDATION

## Board of Trustees (Details of Members of Board of Trustees as on 1.08.2017)

<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Meenakshi B</b> Female 18.1.1947 INDIA TRAINING AND EMPLOYMENT OF THE DISABLED <b>CHAIRPERSON</b></p> <p>26 YEARS EXPERIENCE IN TRAINING AND EMPLOYMENT OF DISABLED. HELEN KELLER AWARDEE [2000] FROM NCPEDP DELHI.</p>	<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Mahadev R Iyer</b> Male 1.7.1958 INDIA ADVISOR ESSAR STEEL</p> <p><b>MEMBER</b></p> <p>35 YEARS EXP IN CORP FINANCE</p>
<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>V.H.Balasubramaniam</b> Male 29.3.1955 INDIA EX. SENIOR MANAGER, EXIM LOGISTICS, BASF INDIA LTD., CBD, BELAPUR, NAVI MUMBAI.</p> <p><b>MEMBER &amp; CEO</b></p> <p>39 YEARS OF EXPERIENCE IN SHIPPING; FOREIGN TRADE; CORPORATE GOVERNANCE ETC. IN MBAF – HAND HOLDING TO ALL IN ALL FUNCTIONS</p>	<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Uma Mahadev</b> Female 27.11.1963 INDIA SOCIAL ACTIVIST</p> <p><b>MEMBER</b></p> <p>ASSISTING IN YOGA FOR SPECIAL CHILDREN IN MBAF- REHAB. HEAD</p>
<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Shivaji S Desai</b> Male 27.MAY 1959. INDIA ASSOCIATE GENERAL MANAGER FINANCE, TOI</p> <p><b>MEMBER</b></p> <p>35 YEARS EXP IN ADMIN. ACCOUNTS . IN MBAF- ACCOUNTS CO-ORDINATOR</p>	<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Veena Advani</b> FOUNDER TRUSTEE Female 7TH MARCH 1931 INDIA SOCIAL ACTIVIST, VOLUNTEER FOR DISABLED BENEFICIARIES CARE GIVING <b>MEMBER</b></p> <p>44 YEARS EXP. IN CARE GIVING FOR DISABLED. Parent of a Spastic Beneficiary</p>
<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Sujatha Srivastava</b> Female 26/10/1947. INDIA SPECIAL EDUCATOR, SOCIAL COUNSELLOR <b>MEMBER</b></p> <p>29 YEARS EXPERIENCE IN ASSESSMENT, REMEDIAL EDUCATION, BEHAVIOUR MODIFICATION, ETC. Parent of an Autistic Beneficiary IN MBAF- REHAB. ADVISOR</p>	<p>Name Sex Date of Birth (DD/MM/YYYY) Country of Birth Occupation</p> <p>Position in the Board</p> <p>Work Experience/ Background (in 3 to 4 sentences only)</p>	<p><b>Akhil B Sriram</b> Male 10.4.1976 INDIA PR &amp; SOCIAL MARKETING EXECUTIVE</p> <p><b>MEMBER</b></p> <p>2 YEARS OF RUNNING HIS OWN ADVERTISING AGENCY; 15 YEARS IN SOCIAL MARKETING</p>

# INAUGURATION

## CEDAT

(Centre for Executive Development & Training)



## AMBA Foundation

Non Computer Training





# World Disability Day- 2016 - Dignity Walk



## Share & Care Workshop

